

FMC ICE SPORTS

ADULT INSTRUCTIONAL & ORGANIZED PICK-UP HOCKEY



18+
\$119 ADULT INSTRUCTIONAL
\$80 ORGANIZED PICK-UP
FOR AN 8-WEEK SESSION
\$15 WALK-ON RATE
PER CLASS

Adult Instructional Hockey – A 50-minute, skills based course designed to teach introductory adult skaters the basics of the game of hockey. The perfect way for adults with little or no hockey experience to get into the game or for former players looking to get back in and shake the rust off. Players will work on developing basic hockey skills including passing, shooting and proper skating technique, as well as an introduction to the concepts of game play, such as positioning, offensive and defensive strategies, and a fundamental understanding of the rules of the game.

Organized Pick-Up Hockey - Come participate in a fun and friendly no-check pick-up game without the commitment of a league. Sessions are limited to 30 players, with on-ice staff coordinating game play. All skaters must be at least 18 years of age to participate.



ARMSTRONG ARENA

103 Long Pond Road, Plymouth, MA 02360

www.fmcicesports.com • (508)746-8825 (Arena) • 1-888-74-SKATE (Toll Free)

REGISTER ONLINE OR CALL FOR MORE INFORMATION

PLYMOUTH ADULT INSTRUCTIONAL & ORGANIZED PICK-UP HOCKEY

REGISTER ONLINE AT WWW.FMCICESPORTS.COM

Session	Program	Day	Dates	Time
Winter	Adult Instructional	Monday	1/2-2/20	9:30-10:20p
	Org. Pick-Up	Monday	1/2-2/20	10:30-11:20p
Spring I	Adult Instructional	Monday	2/27-4/16	9:30-10:20p
	Org. Pick-Up	Monday	2/27-4/16	10:30-11:20p

Player Information

Name _____ D/O/B _____

Address _____

City _____ State _____ Zip _____

Phone () _____ E-mail _____

Please select your class, session and rate:

Class:	Adult Instructional	Organized Pick-Up	Both
Session:	Winter, 8 wks (\$119.00)	Winter, 8 wks (\$80.00)	Winter, 8 wks (\$199.00)
	Spring I, 8 wks (\$119.00)	Spring I, 8 wks (\$80.00)	Spring I, 8 wks (\$199.00)
	Walk-On (\$15.00)	Walk-On (\$15.00)	Walk-On (\$30.00)

WAIVER AND RELEASE: I, the undersigned, do hereby acknowledge that in consideration of my participating in any way in Adult Hockey may be exposed to risk of injury that is inherent in ice skating programs. I hereby acknowledge that Facility Management Corporation and FMC Ice Sports staff are not responsible for any damage or injuries that result from my participation in this program. I grant to FMC Ice Sports, its representatives and employees the right to take photographs of myself in connection with the program in which I am participating. I agree that FMC Ice Sports may use such photographs for any lawful purpose, including, for example, such purposes as publicity, illustration, advertising, and Web content.

Player Signature _____

Date _____

Register by mail or online, or call 1-888-74-SKATE for more information

To register by mail, complete the registration form and mail it with non-refundable payment (check or money order payable to "FMC Ice Sports") to the address below. No partial payments or cash will be accepted. To register and pay online, simply go to www.fmcicesports.com.

FMC Ice Sports • 100 Schoosett St., Building #3 • Pembroke, MA 02359